

Discipleship Yoking Episode

Disciple-
making
coaching
project

D.Y.E. 2024

1/1/2024

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D.Y.E – Discipleship Yoking Episode



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Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.



D.Y.E - Discipleship Yoking Episode

Timing

1 - 2 times a week

Duration

- **Episode 1:** 45 - 60 minutes max
- **Episode 2:** 60 minutes + coffee connect to share, pray, and plan.

Setting

1:1 or small group

Scriptural Frame

The wonderful and very often quoted words of our Lord and Saviour as recorded in **Matthew 11:28 – 30** are not only very comforting, but they are also not fully embraced.

We hear the assuaging words of comfort, but so easily ignore the call to yoke for work.

Again, our Lord is using farming analogies to reveal a vital aspect of our relationship with Him. We love the 'easy and light', and we should, because it is true. Yet, we must understand it is still a yoke – a wooden bar across the neck of two oxen to help them pull a ploughing implement together. Only in proper harness and working – pulling – with the older wiser ox, in humility, does it become easy and light.

Pull against the yoke – try and shrug the yoke – dig in against the yoke and it all becomes not only very hard, but completely unproductive and fruitless.

I would argue the most important thing about the Kingdom of heaven is that the Triune God's relationship with us (outside of being His Children) that makes us most complete, mature, and deeply satisfied, is not performance and definitely not 'pleasure' (in the sensate flesh sense) but profound co-productivity.

It is in this relational context, this robust 'braced' connection, that we learn the rhythms of humility, gentle strength, and service. This of course, was Jesus Christ, the Second Person of the Godhead [most valued posture](#). "I have not come to be served, but to serve and give my life as a ransom for many." (Matthew 20:28)

Cultural Frame:

There are a couple of basic psycho-sociological givens that are always good to keep in back of your mind when you are engaging with... well, anything, particularly as a follower – a Disciple – of Jesus Christ.

I have not come to be served, but to serve and give my life as ransom to many. Jesus Christ

Matthew 20:28



1

Firstly, it's important to remember that whatever you pay attention to, you are giving permission to shape, flavour or colour you.

So, a quick personal filtering set of questions you can ask yourself when you notice that you are noticing, are the following...

- **Has this captured my attention?**
- **Why did it do that?**
- **Is this going to shape or colour me good – colour me God or something less?**

2

Secondly, how we see will impact us too. Not just looking through the lens of attention, but also the filter of perspective.

We all have one, perspective that is, and it has been and is being informed also by what we invest in or allow to be invested in us. Where you stand determines what you look at, and what you look at determines what you see.

So, again some questions you need to ask when paying attention;

- **What am I looking at?**
- **What do I see?**
- **Where am I standing?**

I can learn a lot by shifting my paradigm when I'm yoked to the Author of the entire 4D, 360-degree view. I can also better understand why people 'see' the way they do, and what may be needed to help shift their paradigm to see more of the Kingdom – ah, but I digress.

Invariably, the processes can either 'stain' you – a more passive and undesirable outcome. However, as a Disciple of the Triune Creator God, we can deliberately submit to being 'dyed'.



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The D.Y.E (Discipleship Yoking Episode)

Through each D.Y.E. we want to create a space to help us all pay closer attention to what matters most. So, to help us do that we set a task – a journey of Kingdom engagement on a particular question, topic, or idea.

This is not just a 'to do list', no it is much more about actively engaging in a teaching, learning, and acting process that grows Disciples.

To help us to engage well we encourage the following journey in paying attention and

allowing it to DYE you in Kingdom colours. (I know, I'm milking it! LOL!)

Whilst Episode One can be set by and done alone or independent of the yoking partner, we recommend not to do this (though it might seem a time saver), rather use it as a time to coach the yoking disciple in Scriptural and contextual research/searching skills. This helps better understand how each other see and where coaching can be used to better develop this learning skill.

Episode 1 Episode One, entails the first three steps below.

Search
it

See
it

Script
it

Episode 2 Episode Two, entails the last two steps.

Share
it

Sow
it

**Search
It**

Investigate the topic or question – not more than 20 minutes.

(You can always investigate further later and develop the ideas and understandings.)

**See
It**

You think you understand? Pray for your heart and head to see it from a Kingdom servant perspective.

**Script
It**

How does that apply to you and then journal your thoughts.

**Share
It**

With your discipleship mentor / partner / coach or group.

**Sow
It**

How will you implement and apply what you have learned this week – how will you Yoke with Jesus, and will your disciple partner yoke too?
What will that look like?



D.Y.Episode Topic / Issue Suggestions

The following is just a prompt to get your unique personal DYE journey opening-up to further exploration of both God's Word and Christian History. Phillip Schaff, arguably the greatest Christian historian in recent history, intimated that 'next to the Word of God, church/Christian history is the most important thing a person can study'. And his following statement from Schaff tells us why;

"Jesus of Nazareth, without money and arms, conquered more millions than Alexander the Great, Caesar, Mohammed, and Napoleon; without science and learning, he shed more light on things human and divine than all philosophers and scholars combined; without the eloquence of school, he spoke such words of life as were never spoken before or since, and produced effects which lie beyond the reach of orator or poet; without writing a single line, he set more pens in motion, and furnished themes for more sermons, orations, discussions, learned volumes, works of art, and songs of praise than the whole army of great men of ancient and modern times."

This following short list of both potential topic discussion starters, and historical figures is, again, a prompt for you to drill down deeper in the unrivalled impact that Christianity and the Disciples of Christ have made in shaping and colouring the world for the better. We encourage you to add your own questions and characters to the list as you grow in your pursuit of the profound foundational past, but more how it will inform your unrivalled culture changing Christian mission moving forward.

- Following – What does Jesus say about this?
- Serving – as above
- Obedience – a/a
- Ambassador – a/a
- Surrender – a/a
- Why is the way that leads to life Narrow?

- Taking up my cross, what does that look like in my context?
- What does rescue and adoption into God's family mean to me?
- Add your question.
- Add your question.
- Add your question.

Compare the Pair sessions – Look at the lives of two culturally 'influential' historical figures, one a follower of Christ the other not and journal...

1. What stood out to you and why was that important?
2. What inspired you about the Kingdom servant?
3. What do/will you mimic in these examples?
4. What does that look like in your day-to-day activity?

A couple of example historical person comparisons to check out to get you started.

- George Mueller vs Ludwig Feuerbach
- Pandita Ramabai vs Contemporary in India?
- Savonarola vs Machiavelli
- Mary Slessor vs Flora Drummond
- Amanda Berry-Smith vs [Women's Experience Under Slavery](#)
- Josephine Butler vs Contemporary in Great Britian
- Your Suggestion
- Your Suggestion
- Your Suggestion

* Note – The first names listed above were Christian activists/missionaries, etc. You can find information on them on the [MISSIONARY MENTORS](#) list on Disciplesplanet.



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